

ICD-10-AM MENTAL HEALTH MANUAL

**AN INTEGRATED CLASSIFICATION
AND DIAGNOSTIC TOOL FOR
COMMUNITY-BASED MENTAL HEALTH SERVICES**

**FIRST EDITION – 1 JULY 2002
ICD-10-AM FOURTH EDITION UPDATE 2004**

National Centre for Classification in Health



ICD-10-AM MENTAL HEALTH MANUAL

Fourth Edition update 2004

This update of the *ICD-10-AM Mental Health Manual* makes the codes consistent with those in ICD-10-AM Fourth Edition (July 2004). It is intended to be incorporated into the first edition of the manual or as a companion document and cannot be used by itself.

The alterations are listed by section and page numbers and contain instruction to add or delete text as required. Text to be added is indicated by underline. Text to be deleted is indicated by strikethrough.

The NCCH is grateful for the comments received for changes to be presented in a second edition of the *ICD-10-AM Mental Health Manual*. Comments from users for current and future changes have been reviewed and implemented in this update.

Further user feedback will be invited to inform the review and expert clinical advice will be sought to verify all suggested amendments. This will ensure that the revision presents a user-friendly format for the next edition of the *ICD-10-AM Mental Health Manual*.

Mapping

The codes in this manual are mapped to the codes in ICD-10-AM and are available on the NCCH website. www.fhs.usyd.edu.au/ncch. These mappings are useful if mental health services are reported according to the full ICD-10-AM.

Published by the National Centre for Classification in Health, Faculty of Health Sciences, The University of Sydney, NSW 1825 Australia.

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LIST OF CATEGORIES FOR CHAPTER ONE

Page 20

- Add **F06.30** Organic mood [affective] disorder, unspecified
- Add **F06.31** Organic manic disorder
- Add **F06.32** Organic bipolar disorder
- Add **F06.33** Organic depressive disorder
- Add **F06.34** Organic mixed affective disorder
- Add **F06.39** Other organic mood [affective] disorder

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- Add **F32.00** Mild depressive episode, not specified as arising in the postnatal period
- Add **F32.01** Mild depressive episode, arising in the postnatal period

CHAPTER ONE

MENTAL AND BEHAVIOURAL DISORDERS (F00-F99)

A **grey reverse text box** indicates codes at the fourth character level which are **not valid** and **cannot** be assigned because the code requires an additional character (see code F06.3 in the example below).

Page 51

- Add **F06.3** Organic mood [affective] disorders
- Add **F06.30** Organic mood [affective] disorder, unspecified
- Add **F06.31** Organic manic disorder
- Add **F06.32** Organic bipolar disorder
- Add **F06.33** Organic depressive disorder
- Add **F06.34** Organic mixed affective disorder
- Add **F06.39** Other organic mood [affective] disorder

F23**Acute and transient psychotic disorders**

A heterogeneous group of disorders characterised by the acute onset of psychotic symptoms such as delusions, hallucinations, and perceptual disturbances, and by the severe disruption of ordinary behaviour. Acute onset is defined as a crescendo development of a clearly abnormal clinical picture in about two weeks or less. For these disorders there is no evidence of organic causation. Perplexity and puzzlement are often present but disorientation for time, place and person is not persistent or severe enough to justify a diagnosis of organically caused delirium (F05.-). Complete recovery usually occurs within a few months, often within a few weeks or even days. If the disorder persists, a change in classification will be necessary. The disorder may or may not be associated with acute stress, defined as usually stressful events preceding the onset by one to two weeks.

Add The following fifth-character subdivision is for use with category F23:

Add **✱ 0 without mention of associated acute stress**

Add **✱ 1 with mention of associated acute stress**

A **grey reverse text box** indicates codes at the fourth character level which are **not valid** and **cannot** be assigned because the code requires an additional character (see code F23.- in the examples below).

Add grey box

F23.0

Acute polymorphic psychotic disorder without symptoms of schizophrenia

Add grey box

F23.1

Acute polymorphic psychotic disorder with symptoms of schizophrenia

Page 78

Add grey box

F23.2 Acute schizophrenia-like psychotic disorder

Page 79

Add grey box

F23.3 Other acute predominantly delusional psychotic disorders

Page 79

Add grey box

F23.8 Other acute and transient psychotic disorders

Page 79

Add grey box

F23.9 Acute and transient psychotic disorder, unspecified

F45.3 Somatoform autonomic dysfunction

Symptoms are presented by the patient as if they were due to a physical disorder of a system or organ that is largely or completely under autonomic innervation and control, ie the cardiovascular, gastrointestinal, respiratory and urogenital systems. The symptoms are usually of two types, neither of which indicates a physical disorder of the organ or system concerned. First, there are complaints based upon objective signs of autonomic arousal, such as palpitations, sweating, flushing, tremor, and expression of fear and distress about the possibility of a physical disorder. Second, there are subjective complaints of a nonspecific or changing nature such as fleeting aches and pains, sensations of burning, heaviness, tightness, and feelings of being bloated or distended, which are referred by the patient to a specific organ or system.

Delete

Diagnostic guidelines

Definite diagnosis requires all of the following:

- (a) symptoms of autonomic arousal, such as palpitations, sweating, tremor, flushing, which are persistent and troublesome;
- (b) additional subjective symptoms referred to a specific organ or system;
- (c) preoccupation with and distress about the possibility of a serious (but often unspecified) disorder of the stated organ or system, which does not respond to repeated explanation and reassurance by doctors;
- (d) no evidence of a significant disturbance of structure or function of the stated system or organ.

Differential diagnosis - Differentiation from generalised anxiety disorder is based on the predominance of the psychological, components of autonomic arousal, such as fear and anxious foreboding in generalised anxiety disorder, and the lack of a

consistent physical focus for the other symptoms. In somatisation disorders, autonomic symptoms may occur but they are neither prominent nor persistent in comparison with the many other sensations and feelings, and the symptoms are not so persistently attributed to one stated organ or system.

~~Cardiac neurosis~~
~~Da Costa's syndrome~~
~~Gastric neurosis~~
~~Neurocirculatory asthenia~~
~~Psychogenic forms of:~~

- ~~• aerophagy~~
- ~~• cough~~
- ~~• diarrhoea~~
- ~~• dyspepsia~~
- ~~• dysuria~~
- ~~• flatulence~~
- ~~• hiccough~~
- ~~• hyperventilation~~
- ~~• increased frequency of micturition~~
- ~~• irritable bowel syndrome~~
- ~~• pylorospasm~~

Excludes: psychological and behavioural factors associated with disorders or diseases classified elsewhere (F54)

☛F45.30 Somatoform autonomic dysfunction, unspecified organ or system

☛F45.31 Somatoform autonomic dysfunction, heart and cardiovascular system

Add Cardiac neurosis
Da Costa's syndrome
Neurocirculatory asthenia

☛F45.32 Somatoform autonomic dysfunction, upper gastrointestinal tract

Add Gastric neurosis
Psychogenic:

- aerophagy
- dyspepsia
- pylorospasm

☛F45.33 Somatoform autonomic dysfunction, lower gastrointestinal tract

Add Psychogenic:

- diarrhoea
- flatulence
- irritable bowel syndrome

☛F45.34 Somatoform autonomic dysfunction, respiratory system

Add Psychogenic:

- cough
- hiccough
- hyperventilation

☛F45.35 Somatoform autonomic dysfunction, genitourinary system

Add Psychogenic:

- dysuria
- increased frequency of micturition

CHAPTER TWO

OTHER CONDITIONS FROM ICD-10-AM OFTEN ASSOCIATED WITH MENTAL AND BEHAVIOURAL DISORDERS

EXTERNAL CAUSES OF MORBIDITY AND MORTALITY (CHAPTER XX - VO1-Y98)

Page 228

Revise

**X47.- Accidental poisoning by and exposure to other gases
and vapours**

Page 231

Revise

Y00.- Assault by blunt object

Y04.- Assault by bodily force

Y05.- Sexual assault by bodily force

Page 233

Revise

**Y017.- Poisoning by and exposure to other gases and vapours,
undetermined intent**

Page 234

Revise

Y21.- Drowning and submersion, undetermined intent

CHAPTER THREE

CONTEXTUAL FACTORS (Z CODES)

Page 248

A grey reverse text box indicates codes at the fourth character level which are **not valid** and **cannot** be assigned because the code requires an additional character (see code Z63.7 in the example below).

- Add* **Z63.7** Stressful life events affecting family and household
- Add* **✘Z63.70** Stressful life events affecting family and household, unspecified
- Add* **✘Z63.71** Alcoholism in family
- Add* **✘Z63.72** Gambling in family
- Add* **✘Z63.79** Other stressful life events affecting family and household
Health problems within family
Ill or disturbed family member
Isolated family

CHAPTER FOUR

MENTAL HEALTH INTERVENTIONS

Page 285

Delete

1885 ~~Injection or infusion of therapeutic or prophylactic substance~~

Delete ~~Includes: infusion~~

~~injection:~~

~~▲ intramuscular~~

~~▲ intravenous~~

~~▲ subcutaneous~~

92190-00 Injection of tranquiliser

92193-00 ~~Injection or infusion of other therapeutic or prophylactic substance~~

Page 286

OTHER THERAPUTIC INTERVENTIONS

Add

1907 Electroconvulsive therapy

Add Includes: consultation
electroencephalographic monitoring
stimulus dosing techniques

93340-02 Electroconvulsive therapy [ECT] ≤ 12 treatments

93340-03 Electroconvulsive therapy [ECT] >12 treatments

P289

Add

1920 **Pharmacotherapy**

Add 96197-09Intramuscular administration of pharmacological agent, other and unspecified pharmacological agent

Add 96205-09Other administration of pharmacological agent, other and unspecified pharmacological agent

Add 96206-09Unspecified administration of pharmacological agent, other and unspecified pharmacological agent

P289

Add

1952 **Computerised tomography of brain**

Computerised tomography of head NOS

Add 56001-00Computerised tomography of brain

Add 56007-00Computerised tomography of brain with intravenous contrast medium

Computerised tomography of brain without, then with, intravenous contrast medium

ALPHABETIC INDEX OF DISEASES AND INTERVENTIONS

P329

Adjustment

- disorder or reaction F43.2

Administration (around) (of) — *see also Injection*Add - therapeutic or prophylactic substance 96206-09, **289**Add -- specified 96205-09, **289**Add -- intramuscular 96197-09, **289**

P330

Alcoholism (chronic) F10.2- with psychosis (*see also Psychosis, alcoholic*) F10.5

- complicating pregnancy, childbirth or puerperium O99.3

Add - in family Z63.71

P334

Deficiency, deficient

Add - attention (disorder) (syndrome) F98.8

Add - - with hyperactivity F90.0

P338

Disorder (of) — *see also Disease*

- aromatic amino-acid metabolism E70

Add - attention deficit F98.8

Add -- with hyperactivity F90.0

P341 - mood (*see also Disorder, affective*) F39

-- organic F06.30

Add --- bipolar F06.32

Add --- depressive F06.33

Add --- manic F06.31

Add --- mixed F06.34

Add --- specified NEC F06.39

P348

Ejaculation

- premature F52.4
- semen, painful, psychogenic F52.6

Add **Electroconvulsive therapy (ECT) (≤ 12 treatments) 93340-02, 286**

Add - > 12 treatments 93340-03, 286

P352

Hydrocephalus G91.-

- congenital Q03.-
- with spina bifida Q05.-
- syphilitic, congenital A50.4

Add **Hyperactive, hyperactivity**

Add - child F90.9

Add -- attention deficit F90.0

P353

Add **Injection/Infusion(around)(into)(of)**

Revise - therapeutic or prophylactic substance

~~NEC 92193-00, 285~~ 96206-09, 289

Add -- specified 96205-09, 289

Add -- intramuscular 96197-09, 289

Delete ~~tranquilliser 92190-00 285~~

P359

Phakomatosis Q85

Add **Pharmacotherapy 96206-09, 289**

Add - intramuscular 96197-09, 289

Add - specified NEC 96205-09, 289

P359

Problem (related to)(with)

Revise - alcoholism in family Z63.71

P360

- frightening experience(s) in childhood Z61.7

Add - gambling in family Z63.72

P369

Stress

- Add - life event(s) affecting family and household (stressful) Z63.70
Add -- specified NEC Z63.79
- mental NEC Z73.3

P 371

Therapy - see also Psychotherapy

- Add - electroconvulsive (\leq 12 treatments) (ECT) 93340-02, 286
Add -- > 12 treatments 93340-03, 286
- exercise 96129-00, 281

P372

Tinnitus H93.1

- Add Tomography computerised (axial) (CT) (quantitative)
Add - brain (without contrast) 56001-00, 289
Add -- with intravenous contrast (without, then with, intravenous contrast)
56007-00, 289

Notes